



minu

INSTRUCTIONS

Please read these instructions carefully before using the baby wrap for the first time!

Hello,

I am very pleased you have chosen our Minu wrap. Behind the creation of our brand was a passion for carrying babies and a desire to capture those beautiful and unique moments of closeness between mother and child.

As the founder and CEO of Minu brand, it's important for me to put as much love and care into our products, which means only choosing materials of the highest quality and ensuring all our products meet the highest standards of safety when it comes to your baby's development.

In this brochure I will guide you through the instructions and safety principles behind our wrap - there is also an instructional video on our website www.minubabywrap.com. If you have any questions, please feel free to write us.



We wish you all the happy moments with your little one!

Mari Pražská



FRONT CARRY POSITION (FACING IN)



Minu wrap

Our wraps are carefully made in Czechia of certified Lenzing Modal fibers. It is a bio-based material that comes from sustainably harvested beech trees and it is exceptionally ecological. Modal is breathable, soft as silk and incredibly strong. It remains even after multiple washing cycles and does not lose its shine or color brightness.

Size

The wraps come in one size and are long enough to suit most parents. Adjust your size by wrapping the wrap around your waist so that it fits perfectly.

Weight

The wrap is designed for newborns from 3,6 kg up to 9 kg babies (6-9 months). The maximum weight is up to 11 Kg (9-12 months). In case your baby has less than 3,6 kg or has health problems, consult with your doctor whether to use the wrap.

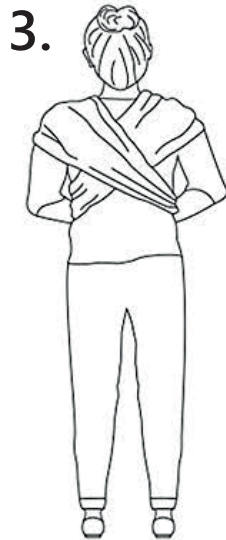
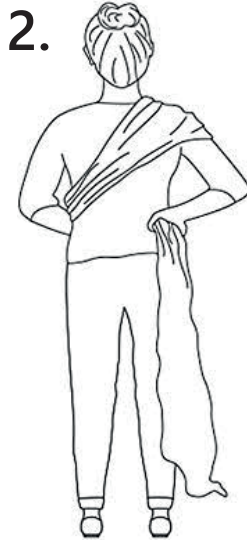
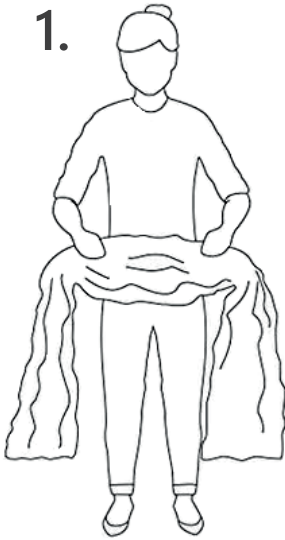
Type of binding

We recommend a vertical binding in front "front carry position - facing in". We do not recommend wearing Minu baby wrap with your baby facing outward with its back to you. The wrap is not suitable for wearing your baby on your back.

Care

Regular WASH 30° CYCLE. Tumble dry on low.

Wrapping instructions



1.Unfold the wrap and find the MINU logo at the center. Bring the outstretched fabric behind your back. **2.**Cross the two pieces behind your back. **3.**Bring each side up and over your shoulders to the front while the fabric is flat so it doesn't twist. **4.**Take both pieces in one hand and tuck them under the section with the label on it while keeping the tension. **5.**Cross the pieces and bring them around your waist behind your back. If there is enough fabric bring it back to the front. **6.**You can tie a double knot behind your back, in the front, or on your hip.

Getting in

7.



8.



9a.

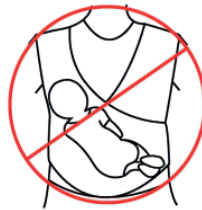


9b.



Incorrect Binding

Baby is curled touching its chest.
Baby's face is covered.



Incorrect Binding

Baby is too low. The face is covered. Nose and mouth pressed against wearer.



Correct Binding

Chin is up and face is visible and above the fabric. Nose and mouth are clear. Knees above bottom.

7. Check which shoulder band crosses over and which crosses under. Place your baby up high against your shoulder on the outer band and pull the inner band up over your baby's leg. Hold your baby high and lean him on your other shoulder, then pull the second shoulder band up over his other leg so that he sits in the cross. 8. Spread both bands out to your baby's knees, starting with the band closest to his body (the inner band) and then the outer band, from knee to knee. 9a. Pull the front band over your baby's bottom and up to the back of their neck. Your baby's legs should be outside the fabric. 9b. For newborns (up to 6 weeks) pull the front band over your baby's bottom and up to the back of their neck. Cover your baby's legs with the fabric, so they are inside.

Newborn head support

When carrying a baby younger than 4 months, always use the fabric to support your baby's head. The layers of the fabric should cross right behind its neck. Ensure that the section with the label is pulled all the way up to the nape of your baby's neck. **WARNING:** Constantly monitor your child and ensure the mouth and nose are unobstructed. **WARNING:** Ensure your child's chin is not resting on its chest as its breathing may be restricted which could lead to suffocation.

Healthy hips

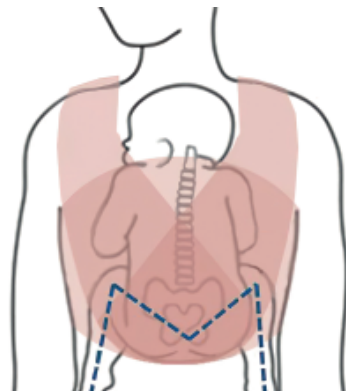
Thighs spread around the mother's torso and the hips bent so the knees are slightly higher than the buttocks with the thighs supported. Thigh is supported to the knee joint. The forces on the hip joint are minimal because the legs are spread, supported, and the hip is in a more stable position.

Babywearing Safety

T.I.C.K.S

The abbreviation T.I.C.K.S. are 5 rules to ensure a safe and comfortable wearing experience which will meet a baby's healthy development requirements.

- ✓ **T** (Tight): Your wrap should be tight, with your baby held close against your body. Loose fabric or buckles can allow your baby to slump, which can make it difficult for him to breathe. A loose wrap can also strain your back.
- ✓ **I** (In View At All Times): You should always be able to see your baby's face by simply glancing down. The fabric of a wrap should not close around them so you have to open it to check on them. In a cradle position your baby should face upwards and not be turned in towards your body.
- ✓ **C** (Close Enough To Kiss): Your baby should be positioned as high on your chest as you find comfortable. If you tip your head forward, you should be able to kiss its forehead or the top of its head.
- ✓ **K** (Keep Chin Off The Chest): Your baby should not be in a position where its chin is forced onto its chest as this can restrict breathing. Make sure you can put at least one finger between chin and chest to keep your baby safe.
- ✓ **S** (Supported Back): Your baby's back should be supported in its natural position so it isn't bent or twisted. Place a hand on its back and gently press. Your baby should not uncurl or move closer to you. For a healthy hip position, make sure that the pouch or base of your carrier is wide, with your baby's legs supported to the knees. This will create an M shape, where his bottom is the middle trough and his knees rest above his hips as the peaks. This position is particularly important if you have a newborn, or if your baby has hip dysplasia or other hip problems. In these cases, your baby's legs should never hang straight down.





WARNING

IMPORTANT! KEEP FOR FUTURE REFERENCES

Please read these instructions carefully before using the baby wrap for the first time!

- **Constantly monitor your child and ensure the mouth and nose are unobstructed.**
- **For pre-term, low birthweight babies, and children with medical conditions, seek advice from a health professional before using this product.**
- **Ensure your child's chin is not resting on its chest as its breathing may be restricted which could lead to suffocation.**
- **To prevent hazards from falling, ensure that your child is securely positioned in the sling.**
- Be aware of hazards in the environment, e.g. heat sources, spilling of hot drinks.
- Only use the sling for one child. The sling has been designed such that your child should always be looking in your direction.
- Your movement and the child's movement may affect your balance.
- Take care when bending and leaning forward or sideways.
- The sling is not suitable for use during sporting activities, e.g. running, cycling, swimming and skiing.
- Please be aware of the increased risk of your child falling out of the sling as it becomes more active. Keep the sling away from children when it is not in use.
- Inspect the sling regularly for any signs of wear and damage.

The Minu Wrap is developed according to the PD CEN / TR 16512 guidelines for the safety of children's slings. However, it is always your responsibility to use this product as recommended by the safety guidelines and to keep your child under control at all times. Minu Baby is not responsible for any injury or damage due to misuse or careless babywearing.



Find more translations of this brochure online at:

www.minubabywrap.com

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